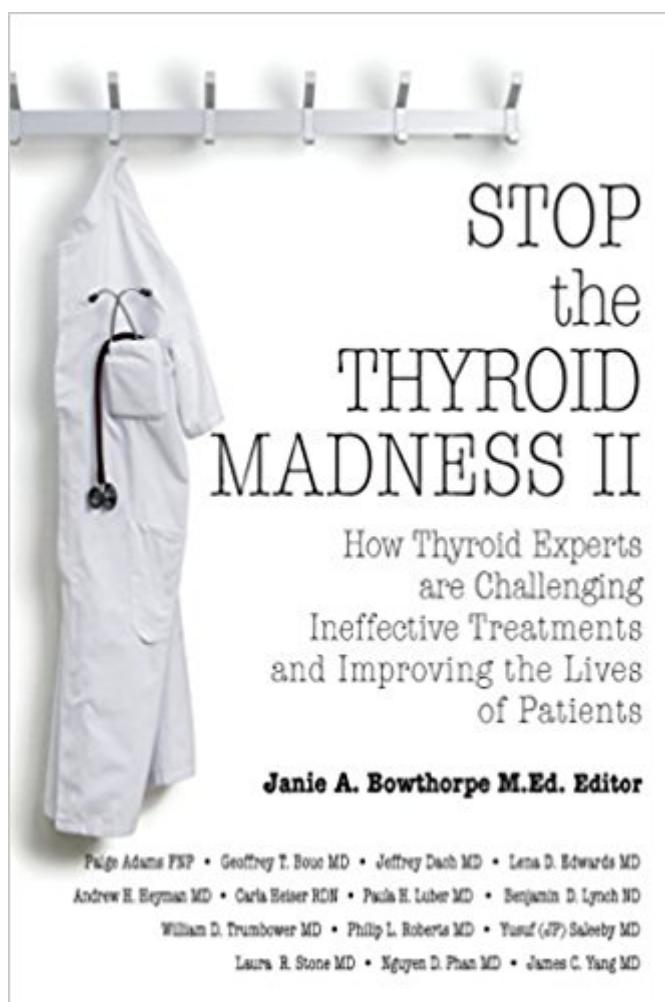


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# Stop The Thyroid Madness II: How Thyroid Experts Are Challenging Ineffective Treatments And Improving The Lives Of Patients



## Synopsis

The dawn of the 21st century brought with it one of the most profound and wide-reaching patient activist movements in history: Stop the Thyroid Madness (STTM). Created by the dynamic Janie A. Bowthorpe M.Ed, the patient-to-patient STTM revolution birthed life-changing hypothyroid treatment knowledge and protocols to counter decades of treatment mismanagement due to the use of inferior medications, the wrong lab work, and a poor understanding of symptoms. Now, as Editor, Ms. Bowthorpe brings the reader this acclaimed and brilliant second book, Stop the Thyroid Madness II, authored by over a dozen insightful medical professionals. Each practitioner brings years of excellence and insight into their chapters, not only complimenting what informed thyroid patients have learned, but offering deeper wisdom and knowledge. You'll read about the functional and holistic approach to thyroid disease, how stress affects the thyroid patient, the superior treatment of natural desiccated thyroid, why the TSH lab test is inadequate, what "normal" really doesn't mean when it comes to lab work, the importance of nutrition in regaining health and well-being, all about the autoimmune Hashimoto's version of hypothyroidism, why doctors are the way they are and how to relate to them, gluten and nutritional issues, thyroid toxicity and how to counter those toxins, the Reverse T3 problem, how MTHFR and methylation blockages can affect thyroid patients, and an understanding of why so many thyroid patients end up with low cortisol, aka hypocortisolism.

## Book Information

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## Customer Reviews

You need this book for a medical perspective. It comes in handy for your doctor appts also. Great resource! Start with STTM book 1 for a patient point of view. I have both STTM 1 and 2 books.

If you suffer from thyroid problems, with no relief, you need this book in order to find the right provider who can get you out of the "madness" that traditional treatments for thyroid issues provide. This book is loaded with valuable information to help you in your journey to feel better and not take the standard treatment as the gospel truth if you still have symptoms. This book will remain in my library.

Written by doctors and aimed towards doctors, this book was nevertheless easy to understand and great for patients, too. I will be giving a copy to my doc.

I learned more from this book than from years of getting the wrong diagnosis and treatment from well-meaning but close-minded doctors. Now I'm trying to find a endocrinologist in my area that "gets it" - not easy to do, but worth the effort if I end up feeling like myself again.

Very good book about the human Thyroid. It is great to know this information if you have to have your Thyroid removed or if your family has a genetic issue of the thyroid. It is written on a level aimed more towards doctors and other medical professionals.

I like the book. Very formative. I took it with me to my appointment with my physician. I was pleased to learn that he had also read it and liked it.

As an individual with a hypothyroid condition, I want to keep up with the latest research/information on the subject. This book, with chapters written by experts in the field, has proven to be a great help in my journey to better health!

This is a more technical book than I expected. The first book is written more for patients, this seems to be written for health care practitioners.

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